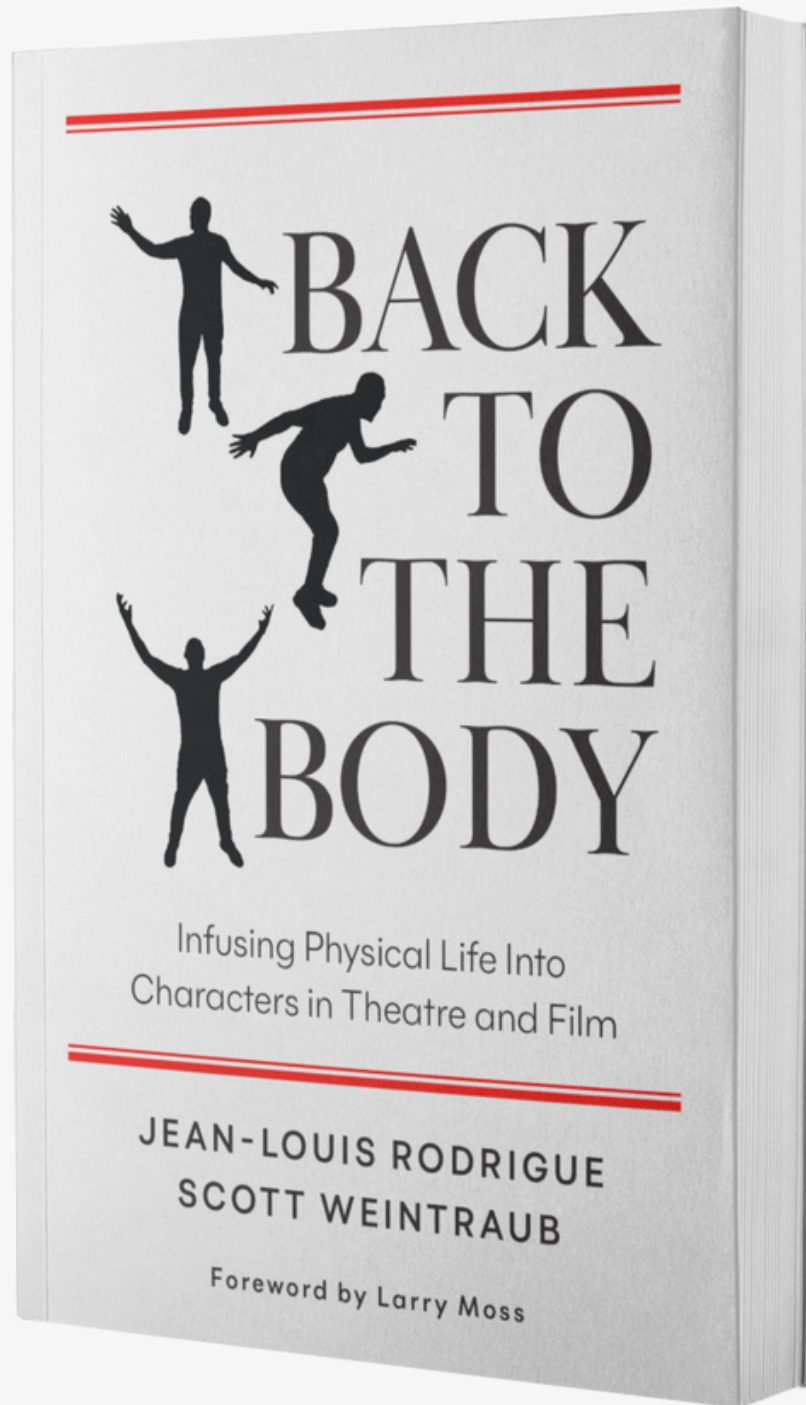


AUTHORS JEAN-LOUIS RODRIGUE & SCTT WEINTRAUB

WHERE BOOKS ARE SOLD



PRESS KIT

BACK TO THE BODY: INFUSING PHYSICAL LIFE INTO CHARACTERS IN THEATRE AND FILM

guides you to experience and use your body and its energy as a basic point of departure for performance and expression. You will learn to apply your entire self in acting, with your voice, body, mind, and emotion. This integrated training is designed to combine all these elements of yourself with your material, the environment, and other actors through explorations and hands-on work, which you may do on your own and with others. You will discover how to best fill the space, serve the story, and create a unique, honest, and riveting character.

Whether you are an actor, musician, or public speaker, BACK TO THE BODY will help you effectively communicate with an enhanced level of awareness and depth.

WHAT READERS ARE SAYING

BACK TO THE BODY

"An indispensable resource for all readers."

Margot Robbie
Academy Award-Nominated Actress

"Read this book and become a better actor!!!"

Jack Black
Actor & Musician

"I've never seen the process laid out so clearly, so helpfully, and so entertainingly as Scott and Jean-Louis have done in this fantastic book."

Jay Roach
Writer, Producer, and Director

"A useful and exciting way to open my channels for my research as an actress."

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Academy Award Winning Actress

"Instrumental in helping me bring to life three distinctly different 'Waymonds' in *Everything Everywhere All At Once*. BACK TO THE BODY will serve as an excellent resource for all actors."

Ke Huy Quan
Academy Award Best Supporting Actor 2023

"Now, more than ever, we need to cherish the absolute miracle of being awake and alive, and that is the work outlined in *Back to the Body*."

Larry Moss
Director & Coach

AUTHORS



Jean-Louis Rodrigue is an internationally recognized acting coach, movement director, and specialist in the application of the Alexander Technique to film, theatre, and television. For more than four decades, Jean-Louis has taught at the UCLA School of Theater, Film & Television, and the UCLA Herb Alpert School of Music. He has coached countless actors, including Christian Bale, Juliette Binoche, Matt Bomer, Helena Bonham Carter, Josh Brolin, Leonardo DiCaprio, Zoey Deutch, Ian McKellen, Ke Huy Quan, Keanu Reeves, Margot Robbie, and more.



Scott Weintraub is an actor, director, and educator. For nearly 40 years, Scott has taught and directed theatre at Crossroads School for Arts and Sciences in Santa Monica. Former students include Maude Apatow, Jack Black, Emily and Zoey Deschanel, Maya Erskine, Simon Helberg, Jason Ritter, and Maya Rudolph. He has appeared on "Curb Your Enthusiasm" and "Deadwood" among others. In addition, Scott has directed over 40 productions, including the west coast premiere of "This is Our Youth" and the world premiere of "Freak The Mighty."

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